

# WELCOME TO PEDALCURE4MND



## Welcome to the PedalCure4MND family.

Hi & thanks so much for joining the PedalCure4MND ride. Our ride is a unique cycling, charity fundraising event that has been running for almost 10 years. We started small in 2018 but have progressively improved the ride to the amazing event it now is. The cycling part of the ride provides a serious physical challenge for all levels of cyclists & we have targeted some of the best cycling regions of Australia for the SA26 ride. You will not be disappointed by the beautiful Fleurieu Peninsula, the Barossa wine regions, the iconic SA coastal roads & the iconic Willunga Hill. The King of Willunga, Richie Porte, will ride with us again in SA26.

The main aim of our event is to raise funds for FightMND. Led by the brilliant Aussie of the year Neale Daniher & his family, this charity has established an amazing record in raising community awareness, funding research into finding a cure & supporting families of people diagnosed with MND. Our ride has contributed over \$1.5M so far & we have set an ambitious goal of \$1 million for SA26. We ask every rider to raise a minimum of \$1000, but riders have raised an average of \$5000 each over every ride so far. To reach our ambitious SA26 goal, we hope everyone can reach that average target again.

FightMND has excellent staff with lots of knowledge on how to maximise your fundraising. They will reach out to you & provide great hints & ideas for your fundraising activities. Many of us have found that a personal message to friends is the most successful way to encourage people to donate. Bulk emails or social media posts work, but not as well as the personal approach.

We have a fantastic support crew that feeds, waters & keeps us safe while riding. There are many lovely characters among them & they form a critical part of our ride community. We like to think you are not just joining a cycling event, you are becoming part of the PedalCure4MND big & happy family.

If you have a friend or family member who might be interested in joining in, please forward them this rego link <https://support.fightmnd.org.au/register/pedalcure4mnd/registration> with the discount code PEDALCREW. For anyone interested in being in the support crew, please email me.



**You are part of a fully supported tour that brings together other cycling enthusiasts like yourself who share the same mission: to raise awareness and vital funds for motor neurone disease (MND) research.**

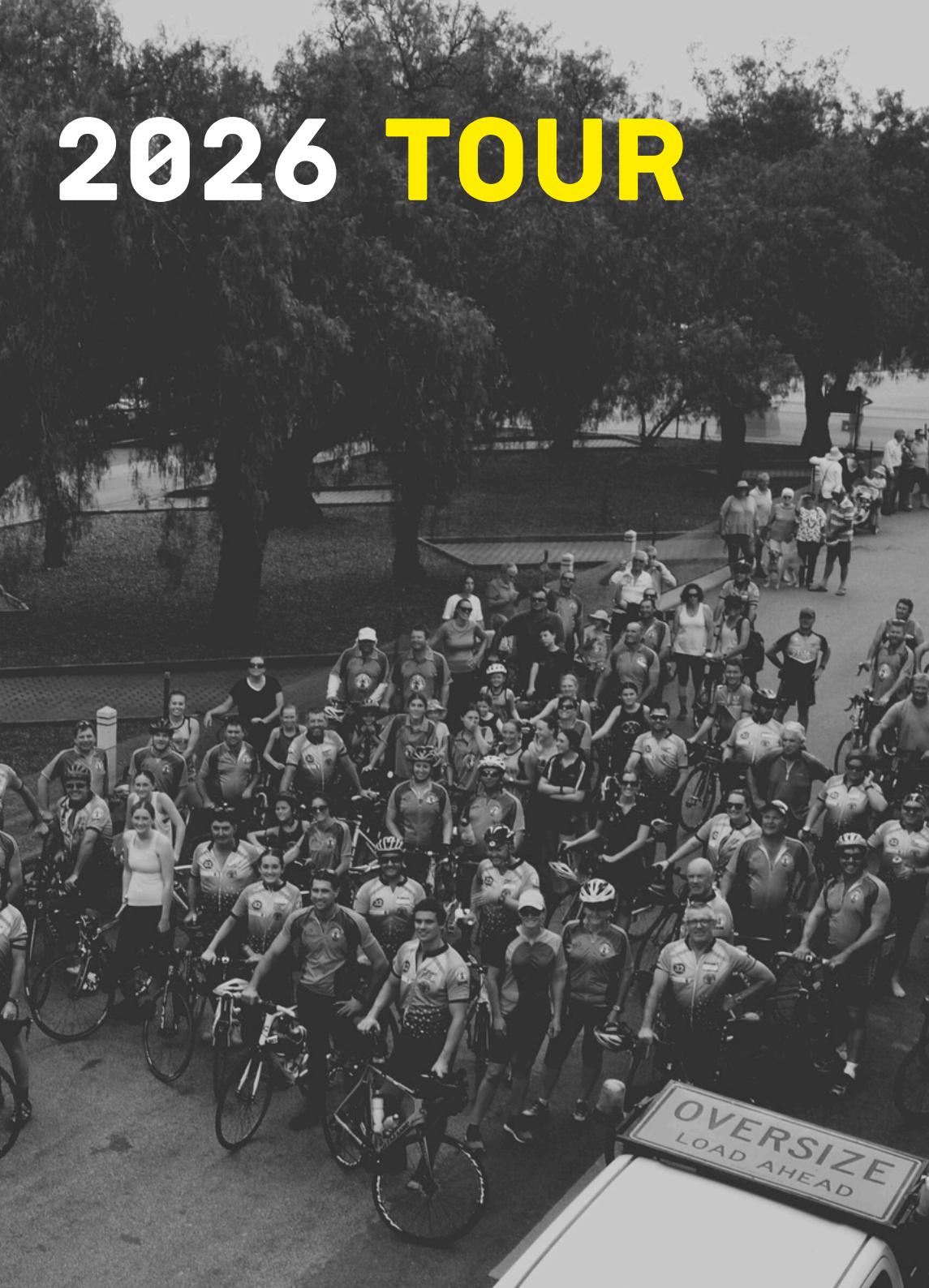
**Each night, participants are hosted by local footy clubs, connecting with communities and helping shine a light on the fight against MND.**

If you need any additional assistance or information, please reach out to me at any time. Good luck with your training & fundraising, & I look forward to catching up in Adelaide on the 28th Feb 2026. Ride safe!



**Paul Breust  
(aka Snake)**

# 2026 TOUR



**SATURDAY 28 FEBRUARY –  
THURSDAY 5 MARCH 2026**

Over five unforgettable days, you and other passionate riders will journey through South Australia, passing iconic wine regions like McLaren Vale and the Barossa.

You are part of a fully supported tour that brings together other cycling enthusiasts like yourself who share the same mission: to raise awareness and vital funds for motor neurone disease (MND) research.

Each night, participants are hosted by local footy clubs, connecting with communities and helping shine a light on the fight against MND.

# TOUR DETAILS

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## GETTING THERE

Riders are required to arrange their own travel to and from Adelaide. There will be areas available to park vehicles for the period of the ride in Adelaide.

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## MEALS

Breakfast, snacks, lunch and selected dinners are provided by our amazing crew and the RRT. No one goes hungry (most of us even put on weight!).

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## ACCOMODATION

We camp at local footy clubs each night with showers and power provided. Most riders bring swags or inflatable mattresses. You may book your own accommodation in town at your expense. Riding gear can be washed and dried each day.

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## SUPPORT CREW

The ride is fully supported with escort vehicles and trailers for bags and gear. Meals and snacks are included. Riders need to bring their own bike spares (tubes, tyres, lights, etc.).

If anyone you know is interested in volunteering as a support crew, reach out to Paul Breust  
[pbreust60@gmail.com](mailto:pbreust60@gmail.com).

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## EVENTS

Night 1 at Norwood FC includes kit collection and safety induction. Functions are planned along the route with guest speakers, including cycling legends Richie Porte and Matt Keenan, FightMND founder Pat Cunningham and Channel 7's Jason Richardson.

# FUNDRAISING

You've signed up for an epic ride, now it's time to rally your crew and raise some serious dollars for MND research.

Each rider needs to raise a minimum of \$1,000, and together we're chasing a \$1 million goal. But if anyone can smash it, it's this crew, who are determined, passionate and ready to make a difference in the fight against the Beast.

- If you need any support, the FightMND team will be there to help! Reach out to Laura at [fundraising@fightmnd.org.au](mailto:fundraising@fightmnd.org.au)
- Funds to bank? Funds may be forwarded via cash, through your online fundraising page, or deposited directly into the [FightMND bank account](#).
- Download fundraising resources and log in to access the rider hub.



## RAFFLE HUSTLE

Ask a local business to donate a prize, then sell tickets for \$50 or \$100. It's like fundraising with a cherry on top.

## HOST AN EVENT

BBQ, trivia night, bake sale, garage sale, whatever suits your vibe. Fun for you, funds for the cause.

## SHARE SHARE SHARE

Use our social tiles to tell people why you're riding. Share your page and fundraising updates, use social media platforms or a simple text to let friends and family know.

## TAP YOUR NETWORK

Friends, family, colleagues, your barista — ask them to chip in. You'll be surprised who says yes!

## DOLLAR MATCHING

Ask your workplace or a generous mate to match donations. Double the impact, half the effort.

## LOCAL LEGENDS

We've got a template ready for you to approach local legends for support. Just add charm.

## TEAM UP

Join forces with other riders for a mega fundraiser. More people = more reach = more dollars.

# 2026 ROUTE

**SATURDAY 28TH**  
**NORWOOD FC**



**MONDAY 2ND**  
**MCLAREN VALE FC**



**WEDNESDAY 4TH**  
**TANUNDA MAGPIES FC**



**SUNDAY 1ST**  
**MCLAREN VALE FC**



**TUESDAY 3RD**  
**TANUNDA MAGPIES FC**



**THURSDAY 5TH**  
**NORWOOD FC**



# YOUR IMPACT

For more than 10 years, FightMND has driven towards its vision of a world free from MND. The contribution of our supporters has made a considerable difference in research outcomes and improving the lives of people affected by MND.

From the start, we've known how important people are in the fight against the Beast. After all, our tagline is 'It takes people'!

Thanks to you, we can continue to invest in research and projects supporting Australians affected by MND.



**\$117.4M**

invested in the fight  
against MND.



**\$100.9M**

invested in research  
into a cure.



**600+**

Australians have  
accessed clinical trials.



**15**

clinical trials at sites  
across Australia.



**5**

potential treatments  
progressed from the lab to  
clinical trial.



**\$12.1M**

invested in projects and  
initiatives to support Australia's  
MND community.

# CONTACTS



For an additional info, please reach out to the following contacts.

# PAUL BREUST

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# PAUL ANSELL

0439588055

paulnicansell@gmail.com

# FIGHTMND- LAURA CORBETT

[fundraising@fightmnd.org.au](mailto:fundraising@fightmnd.org.au)

## PedalCure4MND Site