

PedalCure4MND Adelaide 2026

Incident Response Process

The purpose of this document is to briefly outline a response process to provide a coordinated approach to help ensure rider and support crew are cared for appropriately in the event of any accident, injury or sudden illness. The response process identifies communication methods and specific people responsible for the process.

There will be approximately 80 riders. Approx 60 completing a longer ride split into A, B and C groups and approx 20 riders completing a shorter ride called D Group each day with 5 days of riding. SAPol have been advised of the routes.

Each Group will have a **Lead Vehicle (LV)**, two **group Captains** and a **Rear Vehicle (RV)**. The LV should carry water, some snacks (bananas and or biscuits) and sunscreen. The RV should have a small First Aid Kit. Both Vehicles should have Portable radios to assist with communication on the road. 1 or more group Captains in each group will have a portable radio and speaker mic.

Both the Long Ride Groups and the Short Ride Group will have a **First Aid Responder (FAR)** with a larger First Aid Kit and a AED or defibrillator. If there are additional Defibs they will be given to the RV carried with smaller First Aid Kits. The FAR will generally drive towards the back of the groups. The logic being that it is easier to move forward than to make a U turn and move back.

In the event of an incident/accident, a Group Captain will assume the role of Field Officer and direct others in the Group. If in doubt call 000. The LV can become the communications person and contact the FAR. The Field Officer should where possible get the injured person off the road and make the area as safe as possible. For example this might involve ensuring the whole group move off the Road, deploy someone 200 m forward and to the rear to slow or stop traffic. Commence basic first aid using anyone in the group who has experience.

If the Field Officer requires additional support they can call:-

Paul Breust 0493 767 248

David Rattray 0408 841 735

Jamie Gordon Mini Bus Driver - 0429 862123

Remember that the portable radios will have limited range, often not much further than line of sight. Mobile phones are likely to be more effective but may not always have reception. Consider using the LV driver to find reception and for example call 000 or the FAR. If there is an incident, radios should only be used by those directly involved in the incident response. The radios have two channels programmed for PedalCure4MND most likely Channel 1 and 2. If an

incident is in progress Channel 2 may be used by those not directly involved (but remember to switch back to Channel 1).

Emergency Services - 000

Royal Adelaide Hosp
Port Road
08704 0000

St Andrews Hosp
350 South Terrace closes 10pm
08 8408 2111

Calvary Adelaide Hosp
120 Angus St
08 8227 7000

SA Health Direct 1800 022 222

Other ED facilities

Flinders Medical Centre
Lyell McEwin Hosp
Modbury Hosp
Noarlunga Hosp
The Queen Elizabeth Hosp